

☸ Contact Us

For more information, or to arrange a visit,
please phone us on 0141 952 1010 or email
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PLATFORM at Yoker Campus



BEGIN A NEW JOURNEY



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🏠 10 Kelso Place Yoker G14 0LL

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Begin a New Journey

Who is Platform for?

The Platform Programme has a special focus on those facing the most barriers to inclusion, such as those with a physical disability, a mild to moderate mental health problem, a mild learning difficulty, or those who simply find it difficult to engage in ordinary activities.

How does Platform work?

Getting Started

To begin with Platform is about getting to know you and making sure we can provide the support you need.



Your Goals

We will talk about the support you want from Platform and agree a personal action plan that fits with your day-to-day life.

Your Support

We will help you to make links with other services that can support you in different areas of your life.

Your Health

Platform is about looking after yourself, about eating well, about regular exercise to suit your ability.

Your Learning

The learning Platform is about building experience, knowledge and skills, which will be externally certificated wherever possible. The key activities in this element, but not exclusively, are as follows:

Project Work

Working together as a team, group members will take part in various projects, which will be chosen by them. This encourages the group to use and build on their communication, team building, problem solving and organisational skills, whilst working towards a desired outcome and increasing confidence.

Health & Well-being

Through a series of workshops, including assertiveness, communication, stress management, healthy eating, confidence and self-esteem, the group will learn how to better manage their overall health, both physically and mentally.

Community

With support, the group will explore its local community for opportunities to become actively involved, and to progress with their journey of self-development.

Information Technology

Utilising our learning hub, we intend to offer a range of IT awards and qualifications where appropriate.

